



Meadowlands Veterinary Hospital
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Feeding Instructions After Vomiting/Diarrhea

Do not give food or water for the next 12 hours. Your pet has received IV fluids that will keep him/her hydrated during this time. After the first 12 hours, offer a small amount (1/4 – 1/2 cup) of room-temperature water. If there is no vomiting, offer another 1/4 - 1/2 cup of water after 30 minutes. Offer a small amount of food at this time (boiled chicken and rice or prescription highly digestible diet) with your pet's oral medications (if any were prescribed). If vomiting and/or diarrhea persist or worsen, please call your veterinarian as a recheck appointment or further testing may be necessary.

Chicken and Rice

- Use plain boiled white-meat chicken with no skin/bone and no spices/oils.
- You can use either white or brown rice.
- Mix the chicken and rice together using about 3 times as much rice as you do chicken.