



Meadowlands Veterinary Hospital  
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## **Feeding Instructions**

Your pet was seen today for vomiting and/or diarrhea. It is important for you to follow specific feeding instructions to help in your pet's recovery.

1. No food or water is to be given for the next \_\_\_\_\_ hours.
2. If your pet has had no vomiting, then you can start to feed a bland diet in small, frequent meals.
3. The bland diet can be cooked at home (1/4 boiled chicken with 3/4 rice) or may be a special diet that was prescribed by the doctor.
4. Feed the bland diet for \_\_\_\_\_ days, then start to mix in your pet's regular diet over the following \_\_\_\_\_ days.
5. If your pet vomits, or if diarrhea does not resolve in the next 48 hours, then your pet should be rechecked by a veterinarian.
6. If your pet is weak and listless, has profuse vomiting, bloody diarrhea, bloody vomit, or dark tarry stool, he/she should be re-evaluated immediately.